



# Stepping Ahead

Pray BFF #341

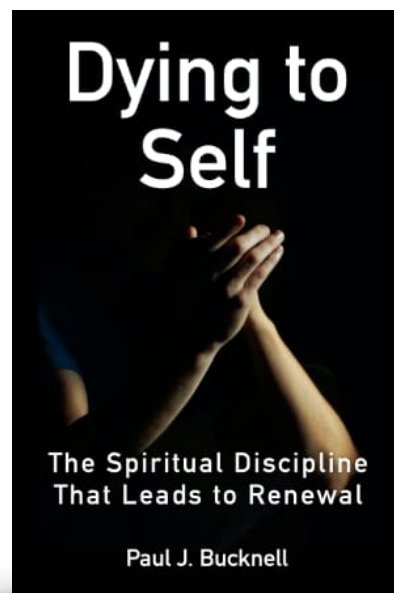
April 17, 2020

Dear Prayer Partners,

We hope you are all well, but I suspect that this wish will continue even past the Covid-19 problem when the coming financial mess unfolds.

Society might have slowed down, but my work has not! I just cranked out three videos today. I launched my new book on Good Friday weekend, [\*Dying to Self: The Spiritual Discipline that Leads to Renewal\*](#). I am excited by how the regular practice of this spiritual discipline enables us to break through any spiritual dullness. I hope to continue this discipline until my last day on earth.

You might be wondering how the course on [\*Overcoming Anxiety: Finding Peace, Discovering God\*](#) is going. Everything has been going great. I have been able to produce two sections each week; each includes three video lessons and handouts. I have two sections yet to prepare. Our students now number over 60. Please pray for them and join us!



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Meanwhile, another major project called 'Life App,' after many delays has a new burst of energy. It still is not in app form or by any means completed, but Jesse, a seminary student, has contributed a lot of time to help formalize and test the initial set of questions. The Life App begins with a series of questions to help develop a spiritual profile. I have, in turn, (thanks to the extra motivation!) created ten 5-minute teaching videos to help those who take the quiz understand how Christian life develops on seven trajectories, and, more importantly, get a clear picture of what spiritual maturity

looks like. If you are interested in helping us to test/perfect this, [please click here](#). If you leave an email address, I will give send you the teaching videos that explain each area of development.

## **Praise**

- I am so thankful for the twenty-six 15-minute videos already created for the Overcoming Anxiety course as well as the 50+ students.
- Praise God, the book, [Dying to Self](#), is now available—after two years of work.
- I'm thankful for my first Zoom class for church training.
- We are thankful that our family is fine, though several children have temporarily lost their jobs.
- It's exciting to see lots of development on the Life app.

## **Pray**

- Pray for the power of the Spirit of God to help many people overcome anxiety.
- Pray for Pastor Jacob, who teaches this class each Sunday in Cameroon.
- Keep praying for our funding. It is much less than last year, though our confidence is that God will provide.
- I need lots of wisdom as I continue to produce video training, articles, and books. [Pain and Pleasure](#) was my last article.

In the Lord's Majestic Service,

Paul

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