

# Do not be Anxious!

Pray BFF #339

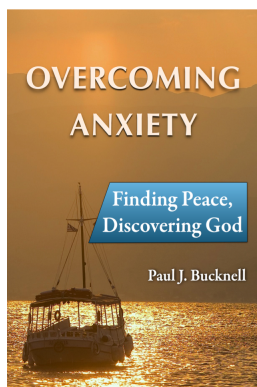
February 29, 2019

Dear Prayer Partners,

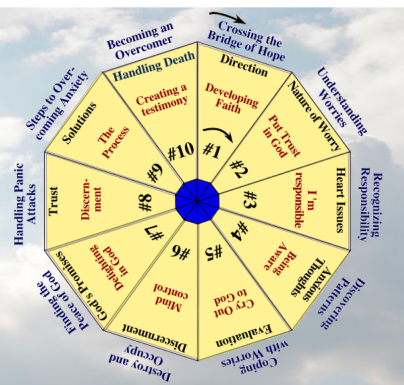
Chaos engulfs the world with the spreading WuHan virus (Covid-19). Are cities really on lockdown? Is this version of the Coronavirus that dangerous? I'm still not sure of it being any worse than [the flu that hits America each year](#). On the other hand, why is China shutting down cities and the companies that it depends upon? In either case, we need to pray and plan carefully.

For me, that means each of three conferences I will be attending or speaking at between March and May will be carefully monitored. They might be closed down as other conferences have been, or they might not be. As a speaker, I still need to prepare. Since the first two are in Chinese, I need to recharge my Chinese! The third, Short Term Ministry (STM), is scheduled for early May if all works out.

The media hypes the dangers of this Coronavirus—for good or bad, only time will tell. Meanwhile, BFF pages on anxiety, stress, and worry become all the more vital. Pray that God would powerfully use these teachings to help people have the peace of God. One of my earliest books: [Overcome Anxiety: Finding Peace, Discovering God](#) is included in the links below.




People worry because they were never designed to handle the stresses of life on their own. God wants to help you experience His inner peace while walking through the stresses of life.



## Praise

- God has given me a very productive time of writing in January and February.
- We delight in the time to help Aron and Allison and newborn, James Walter.
- Readership is up!

## Pray

- I am spending more time in mentoring and discussions, often with those overseas.
- Pray for wisdom in the planning and blessing of the three upcoming seminars: March, April, and May (Philippines).
- Pray for my preparations in Chinese.
- Preparing for a heavier speaking schedule in April.
- Pray for great blessing on our web resources and books,  especially at these times.

In the Lord's Majestic Service,

Paul

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## BFF: RELEASING GOD'S TRUTH TO A NEW GENERATION!

[1 Peter 1:3-5 A Living Hope | Biblical Foundations for Freedom](#)

**Anxiety** disorders are said to affect 18% of the American population! This large number does not sound like a steady-minded people. Combine ...

[Discern Your Confusing Mind and Feelings: Advice on how to ...](#)

I venture to say that Christians, when they're fighting depression, anger, lust, **anxiety**, or fears have all been confused at this point. As believers ...

[Overcoming \*\*Anxiety\*\*: Detecting and destroying the roots of \*\*anxiety\*\*.](#)

Overcoming **Anxiety**: Detecting and destroying the roots of **anxiety**. We do worry, but we don't have to! What keeps us from solving the problem? This sixth ...